



ISSUE 12 -
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Can you help us test
some new ideas in
your child's school?



We are currently developing new resources to help children manage their eczema better during school hours, with the help of their teachers. They include lesson plans, awareness cards and many other ideas.

Please get in touch with Harriet if you can help us trial these exciting tools in your school.

Children 8-18 invited to share their views on health matters at a fun event organised by Children in Scotland and Young Scot - Glasgow Sat 20 June

Last call for our forthcoming Highland events!



To all our families from the North, this is your chance to attend our unique 2015 Highland events.

If you haven't registered yet, please secure your space by

emailing jean@eczemaoutreachscotland.org.uk or phoning/texting on 07934 672 593.

- **Saturday 16 May - Inverness Learn and Share event:** Question and Answer session on eczema, networking lunch, Atopic Art workshop and fun activities for the kids
- **Saturday 30th May - 2 Workshops in Elgin and Inverness** on *How to Set Up a Healthcare Plan With Your School* so your child gets the best care during school hours.

Last call to [register!](#)

Our other group meeting in Edinburgh and Kilmarnock

- **Saturday 16 May (am) -Kilmarnock** group meeting
- **Saturday 6 June -Edinburgh** Campaign group meeting



Book these by contacting Alison at alison@eczemaoutreachscotland.org.uk

Leading the way in eczema research with Dr Sara Brown

Our supporter and partner Dr Sara Brown was recently awarded a prestigious 5-year research grant from the Wellcome Trust, the international research funder.

Sara, who is a consultant Dermatologist and fellow researcher in the genetics of Eczema at Dundee University says:

"So far we have identified one very important gene in the skin, called filaggrin. This holds the code for a protein with a crucial role in making the skin an effective barrier, to keep allergens and irritant chemicals out of the body. Many other genes are known to be important in eczema, but the way that they work is

Click on the poster to know more

Protein identified that serves as a “brake” on inflammation



More information on this American paper [here](#).

Want to take part in clinical trials on eczema?



Check out the UK Dermatology Clinical Trials Network for the latest trials recruitment news.

ECZEMA LAB - Useful News and Research sites



- Eczema Awareness Support and Education (Canada) News
- TalkEczema Forum
- Medical Journals
- Medline Plus (US)

SHOPS:

- Scratch Sleeves

unclear. My research aims to improve our understanding of what causes eczema, with the long-term goal of designing more effective and patient-friendly treatments."



Dr Sara Brown, world-class researcher in dermatology and recipient of a 5-year research grant from the Wellcome Trust

£250 raised by Orchardhill Community Cafe in Giffnock



progressive
inclusive
loving
welcoming
compassionate

• All are welcome •

Thank you to all our supporters at the Orchardhill cafe for this generous donation towards our activities!

We also have a sponsorship and online donations website on My Donate at www.btplc.com/mydonate so you can set up your own fundraising page for Eczema Outreach Scotland.



Sponsored runs and fun days are great ways to support EOS while keeping fit and having fun.



Other sites to check out regularly...

- Regular and varied posts on the [Eczema Company](#) facebook page

- Allergy best Buys
 - Cotton Comfort
 - Itchy Little
- World (this is also a blog)

- › The revamped website for the [National Eczema Society](#) (based in London) has a lot of very good resources, so do have a look!
- › [CYANS](#) Children and Young People Allergy Network Scotland.

And also:

- › [DermNet](#) (New-Zealand) - also used by UK consultants
- › [National Eczema Association](#) (USA)